

Melissa A. Trachtenberg

EDUCATION

Yeshiva University, New York, NY
Ferkauf Graduate School of Psychology
Clinical Psychology Ph.D., Expected 2022

State University of New York at Binghamton, Binghamton, NY
Bachelor of Arts in Psychology; Cum Laude, Graduated 2007

RESEARCH EXPERIENCE

Ferkauf Graduate School of Psychology, Smoking Cessation Lab 2017
Graduate Research Assistant
Principal Investigator: Dr. Andrea Weinberger

Center for Home Care Policy & Research, Visiting Nurse Service of NY 2014 - Present
Research Project Manager
Supervisor: Margaret McDonald, Associate Director, Research Studies

- Project Manager for multiple federally funded research initiatives focusing on cognitive-behavioral pain management, hypertension, care transitions, and medication complexity
- Responsible for general project oversight, survey development, Institutional Review Board (IRB) submissions, grant reporting, drafting budgets, hiring data collection field staff, training of all field staff and all other primary data collection activities

Research Analyst I – II 2010 - 2014

- Directly supervised 13 field interviewers and provided support to project manager on all primary data collection efforts for federally funded research projects

New York University, School of Medicine, Department of Psychiatry 2007 - 2010
Research Data Associate
Principal Investigator: Lynn E. DeLisi, MD

Project grant title: *Biological Predictors of Psychosis Susceptibility among Adolescent Cannabis Users*

- Assisted Study Coordinator with all aspects of research project: recruitment of first-break psychosis patients from psychiatric facilities, scheduling, obtaining informed consent, handling study specimens and database management
- Conducted two-to-four hour interviews with patients administering the DIGS, PANS, CANON SPOOR, WHO-DAS, and FIGS

ACADEMIC RESEARCH AND ANALYTIC EXPERIENCE

Research Assistant in clinical lab, Dr. Steve Lynn 2006 - 2007

- Worked with Dr. Lynn on hypnosis, body dysmorphic and eating disorder studies
- Supported research of two graduate students per semester
- Recruited participants and coordinated scheduling according to complex protocol
- Performed Data entry for various projects

Research Assistant in cognition lab, Dr. Kenneth Kurtz 2006 - 2007

- Worked with Dr. Kurtz on a project to elicit analogous re-representation of stimuli
- Ran participants for three separate research projects

Independent Study, Dr. Ann Merriwether Fall 2005

- Studied college students' attitudes about body image, breastfeeding and childbirth
- Developed and maintained database for data entry and coding
- Ran statistical analyses on data using Excel and SPSS
- Prepared results for poster presentation

CLINICAL EXPERIENCE

Student Intern/Volunteer, Greater Binghamton Psychiatric Hospital 2006 - 2007

- Observed various in-patient treatment sessions for two hours, three times per week
- Mentored two individual patients
- Assisted leader of MICA (Mentally Ill Chemically Addicted) group, one hour, twice per week

BASICS Counselor, Gerry Johansen, LCSW 2006 - 2007

- Certified BASICS counselor: Brief Alcohol Screening and Intervention for College Students
- Conducted hour-long intake counseling session with students who have judicial sanctions and provided hour-long feedback sessions
- Administered BASICS intake (BRIEF-er Drink Profile)
- Trained in motivational interviewing
- Helped coordinate multiple alcohol awareness projects at SUNY Binghamton

ACADEMIC TEACHING EXPERIENCE

Teaching Assistant, Professor A. Krantweiss Spring 2007
Course title: Current Topics in Clinical Psychology: Senior Seminar

Teaching Assistant, Professor A. Merriwether Winter 2005
Course title: Teaching Assistant for Developmental Psychology: Development Through the Lifespan

PUBLICATIONS

Murtaugh, C., Beissner, K., Barron, Y., **Trachtenberg, M. A.**, Bach, E., Henderson, C., Sridharan, S., Reid, M.C. Pain and Function in Home Care: A Need for Treatment Tailoring to Reduce Disparities? *Clinical Journal of Pain; in press.*

Feldman, P. H., McDonald, M. V., **Trachtenberg, M. A.**, Schoenthaler, A., Coyne, N., & Teresi, J. (2015). Center for stroke disparities solutions community-based care transition interventions: study protocol of a randomized controlled trial. *Trials, 16*(1), 32.

Ryvicker, M., McDonald, M. V., **Trachtenberg, M.**, Peng, T. R., Sridharan, S., & Feldman, P. H. (2013). Can the care transitions measure predict re-hospitalization risk or home health nursing use of home healthcare patients? *Journal for Healthcare Quality*, 35(5), 32-40.

Bach, E., Beissner, K., Murtaugh, C., **Trachtenberg, M.**, & Reid, M. C. (2013). Implementing a Cognitive-Behavioral Pain Self-Management Program In Home Health Care Part 2: Feasibility and Acceptability Cohort Study. *Journal of geriatric physical therapy (2001)*, 36(3), 130.

Beissner, K., Bach, E., Murtaugh, C., Parker, S. J., **Trachtenberg, M.**, & Reid, M. C. (2013). Implementing a Cognitive-Behavioral Pain Self-Management Program In Home Health Care Part 1: Program Adaptation. *Journal of geriatric physical therapy (2001)*, 36(3), 123.

Galvez-Buccollini, J. A., Proal, A. C., Tomaselli, V., **Trachtenberg, M.**, Coconcea, C., Chun, J., & Delisi, L. E. (2012). Association between age at onset of psychosis and age at onset of cannabis use in non-affective psychosis. *Schizophrenia research*, 139(1), 157-160.

Camera, A. A., Tomaselli, V., Fleming, J., Jabbar, G. A., **Trachtenberg, M.**, Galvez-Buccollini, J. A., & DeLisi, L. E. (2012). Correlates to the variable effects of cannabis in young adults: a preliminary study. *Harm reduction journal*, 9(1), 1-7.

Trachtenberg, M., & Ryvicker, M. (2011). Research on transitional care: from hospital to home. *Home healthcare nurse*, 29(10), 645.

PRESENTATIONS/CONVENTIONS

The American Physical Therapy Association Annual Scientific Conference
Pain and Function in the Home Setting: Racial/Ethnic Disparities
February 2015
Indianapolis, IN

Authors: Bach E., Beissner K., Murtaugh C., Barrón-Vayá, Y., Sridharan, S., **Trachtenberg, M.**, Trifilio, M., Henderson, C., Reid, C.
Poster Presentation

VNSNY National Nurses Week Celebration
Implementing an Informatics-Supported Care Management Intervention: A Project of the Washington Heights/Inwood Informatics Infrastructure for Community-Centered Comparative Effectiveness Research (WICER) Initiative.

May 2014
New York, NY
Authors: Feldman P, McDonald, M., Wilcox, A., Fleck, E., **Trachtenberg, M.**, Wilson, P.
Poster Presentation

24th Annual Symposium on Health Care Services in New York: Research and Practice
Factors Associated with Low Adherence in a High Risk Home Care Population with Complex Medication Regimens
November 2013

New York, NY

Authors: Barron, Y, McDonald, M., Peng, T., **Trachtenberg, M.**, Feldman, P.

Poster Presentation

Academy Health Annual Research Meeting

Implementing an Informatics-Supported Care Management Intervention: A Project of the Washington Heights/Inwood Informatics Infrastructure for Community-Centered Comparative Effectiveness Research Initiative

June 2013

Baltimore, MD

Authors: Feldman, P. McDonald, M., Wilcox, A., Fleck, E., **Trachtenberg, M.**, Wilson, P.

Poster Presentation

National Institute on Aging 8th Annual Pain Consortium Symposium: Advances in Pain Research

Translating Pain Self-Management Strategies into Community Settings

May 2013

Bethesda, MD

Authors: Reid MC, Murtaugh CM, Bach E, Beissner K, Henderson C, **Trachtenberg M**, Sridharan S, and Barron-Vaya Y.

Paper Presentation

Visiting Nurse Service of New York

National Nurses Day

VNSNY Research: Improving Care Quality Through Evidence-Based Practice

May 2013

New York, NY

Authors: Wilson, P., **Trachtenberg M.**, McDonald, M., Feldman, P.

Poster Presentation

Society for General Internal Medicine

Implementation of Informatics-Supported Care Management Intervention for Hypertension

April 2013

Denver, CO

Authors: Fleck, E., Wilcox, A., McDonald, M., Feldman, P., **Trachtenberg, M.**

Poster Presentation

Summit on Clinical Research Informatics

American Medical Informatics Association

Subject Identification Methods using Electronic Data for Recruitment in a Cross-institutional Intervention Study

March 2013

San Francisco, CA

Authors: Wilcox, A., McDonald, M., Fleck, E., **Trachtenberg, M.**, Feldman, P.

Poster Presentation

Academy Health Annual Research Meeting: Health Information Technology

Nurse Use of a Clinical Decision Support Tool and Patient Outcomes

June 2012

Orlando, FL

Authors: McDonald, M., Barron, Y., Peng, T., Sridharan, S., **Trachtenberg, M.**, Pezzin, L.

Panel Presentation

American Physical Therapy Association Annual Conference

Incorporating Evidence-Based Pain Self Management Training into Home Care Physical Therapy

June 2011

Authors: Beissner K, Bach E, Murtaugh CM, **Trachtenberg M**, Parker S, Reid MC.

Poster Presentation

Gerontological Society of America Annual Scientific Conference

Translating Cognitive-Behavioral Pain Self-Management Training Into Home Care Physical Therapy

November 2010

Authors: Beissner K, Bach E, Murtaugh CM, **Trachtenberg M**, Parker S, Reid MC

Paper Presentation

Association for Psychological Science Annual Convention

Students' Attitudes about Body Image, Breastfeeding and Childbirth

May 2006

New York, NY

Authors: **Trachtenberg MA**, Tataryn N

Academic Advisor: Professor A. Merriwether, PhD

Schizophrenia International Research Society 1st Annual Conference

June 2008

Venice, Italy

Assisted society secretary in organizing and hosting first scientific conference

Distributed scholarship funds to Travel Awardees

Attended and summarized various symposiums throughout conference

Society Secretary: Lynn E. DeLisi, MD

INTERNSHIP EXPERIENCE

Bearcat Day Co-Founder/Coordinator/Alumni Advisor

2007 - Present

Bearcat Day: a campus wide, senior commencement celebration event to create alternatives to alcohol use

- Key operator in all aspects of event planning, organization and execution
- Worked closely with Mayor Matt Ryan and Public Relations Manager Leigh Ann-Schneider and City Council Supervisor
- Appeared on local news stations to promote event
- Organized community wide clean-up efforts following event

MENTOR/VOLUNTEER EXPERIENCE

FIRST Lego League Committee Member, FIRST Robotics

2008 - Present

www.usfirst.org

- Lead volunteer for NYC regional events for both FIRST FRC and Lego League
- Information liaison for students, mentors and FIRST administrators during event
- Coordinate with high school teams, mentors and event volunteers/staff
- Mentor to FIRST FRC Team 806, Brooklyn Blacksmiths

HONORS AND AWARDS

- ESPRIT Award, Visiting Nurse Service of NY 2012
- Recipient of the Undergraduate Research Award Spring 2006

SKILLS

- Database Management: Microsoft Access, Excel, ORACLE
- Survey Development and Implementation: Computer-Assisted Telephone Interviewing (CATI), REDCap, Lime Survey, iForms
- Data Entry and Analysis: SPSS, I.R.I.S. recognition software, SAS output
- Other: Endnote Reference Library, Adobe Premium Design Suite, Microsoft Office Suite 2013, PeopleSoft