Effective April 23, 2016, New York State CARE Act requires hospitals to educate and support caregivers providing post-discharge care at home.

The Caregiver Advise, Record, Enable (CARE) Act mandates that hospitals identify, document, engage, consult and train family caregivers.

- Highlights of new hospital requirements:
  - Provide opportunity for patient (or legal guardian if applicable) to identify caregiver following admission and prior to discharge
  - Record caregiver name and contact information in patient’s medical record
  - Consult with caregiver regarding the care plan at least 24 hours prior to patient’s discharge
  - Consult with patient and caregiver about caregiver’s capabilities and limitations
  - Provide identified caregiver with discharge plan/instructions via in-person or recorded demonstration(s) and provide opportunity to ask questions – all in culturally competent manner
  - Patient may elect to change caregiver at any time
  - Document caregiver choice and instructions in the medical record

- For additional information:

How VNSNY can partner with providers to assist caregivers
- Professional, customized Care Management for those in need of additional support, delivered through VNSNY private pay affiliate, Partners in Care
  - Training on medication management, providing wound care, injections, managing special diets or using medical equipment
  - Ensuring home safety, preventing slips and falls
  - Coordinating with patient’s physicians as needed
  - Identifying appropriate community resources

For more information please contact your VNSNY Account Team or call 1-844-FOR VNSNY.