Who is a candidate for VNSNY Home Care?

Patients who meet one or more of these criteria:

- Recuperating from acute illness or disabled
- Depressed or cognitively impaired
- Post-op surgical care need
- Complex medication regimens
- Somewhat diminished capabilities but elects to live independently at home
- Needs assistance with Activities of Daily Living (ADLs) with RN supervision
- Homebound

For Medicare and some commercial/managed care insurance, the patient must be homebound to receive home healthcare services. A “homebound” patient is unable to leave home without considerable and taxing effort (either physical or mental) and needs intermittent skilled nursing and/or therapy.

For more information about this service, or to refer a patient, please call VNSNY at 1-866-632-2557.
What types of services can VNSNY Home Care provide?

**Skilled Nursing (Registered Nurses)**
- Assess health status, monitor/treat pain and symptoms
- Coordinate care across disciplines and transitions of care
- Educate patient and family about self-care, disease treatment and prevention
- Reconcile and monitor complex medication regimens
- Provide specialized care for patients with high risk of hospitalization, including care for post-surgical wounds and other complex treatment needs

**Rehabilitation Therapies**

**Physical (PT)**
- Restore mobility/strength
- Teach transfer and walking techniques
- Improve/restore function in ADLs (eating, bathing, dressing, household tasks, toileting)
- Cognitive retraining

**Occupational (OT)**
- Improve/restore speech function (as a result of trauma, surgery or stroke) or implement functional communication system
- Restore safe swallowing function

**Speech-Language Pathology (SLP)**
- Develop/restore speech production (as a result of hypertension or stroke)
- Provide counseling to help improve compliance
- To improve patient and/or caregiver support
- To develop effective coping skills
- Assist with entitlements

**Social Work**
- Evaluate social and emotional factors that may be barriers to treatment and/or improvement
- Provide counseling
- To help improve compliance
- To provide patient and/or caregiver support
- To develop effective coping skills
- Assist with entitlements

**Advance Care Planning**
- Provide enhanced clinical assessments of advanced disease, if appropriate, to better identify palliative or hospice needs
- Educate patient and family on advance care planning, including Advanced Directives
- Facilitate meaningful conversations with family and providers about goals of care

VNSNY has the clinical expertise to meet the needs of patients with specialized or complex needs, such as:
- Hypertension
- Heart failure
- Cardiopulmonary
- Alzheimer’s Disease
- COPD
- Diabetes

For more information about this service, or to refer a patient, please call VNSNY at 1-866-632-2557.
Who is a candidate for VNSNY Home Rehabilitation?

**If your patient has difficulty with:**

- Ambulation (gait abnormality, new assistive device)
- Ascending or descending stairs
- Balance (falls risk or history of falls)
- Bed mobility (scooting, turning, sitting up)
- Transfers (toilet, tub, sit to stand)
- Weakness or deconditioning
- Safety (concerns about living alone)
- Dyspnea/difficulty breathing at any level
- Balance disorders
- Cardio-pulmonary (pre/post surgery, endurance issues, energy conservation, activity modification)
- Dressing/grooming
- Bathing
- Feeding/meal preparation
- Confusion at any level including memory problems
- Swallowing
- Articulating clearly

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